



The Threshold Experience in the Light of Christianity for the Next Two Millennia

Intensive Course: October 31st to November 3rd, 2024

Rudolf Steiner House, 1923 Geddes Avenue, Ann Harbor, Michigan

About the contents and their purpose



The intention of the Crossings Intensive Courses is to awaken and deepen capacities to accompany the threshold that exists as human life and human death. Life. Death. The activities of becoming a human being in our true nature, in all the stages and processes of our existence, our life on earth, and our lives in the spirit lands, need the cultivation of capacities that orient us to where we are and what we are able to offer.

The certainty is that no one on earth escapes being born and dying. It is essential to prepare our path for earthly life and for our spiritual life, and to become competent to accompany human society in the destiny we each encounter.

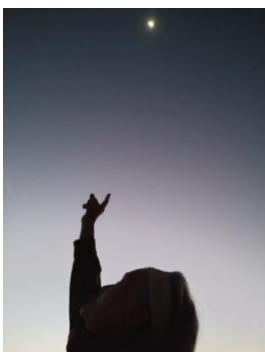
The epoch we inhabit right now insists on a certain vigilance. We as a humanity are unprecedentedly encountering lies, doubts, and fear - the same challenges that every threshold encounter presents to/for us. Crossings has developed a thorough, creative and practical process to meet and overcome a myriad of obstacles. Our context and content is based on spiritual scientific research, grounded in the reality of practical action. Essential to the delivery of this content are the cumulative living experiences of our presenters, who have decades of professional experience in their respective fields of expertise, with a renewed vision aimed at the spiritual needs of our time.

In the courses, we address the physical, health, legal and medical aspects and needs that each and every human being encounters. We are experienced at and committed to fully companioning each human birth and each human death; we aim to prepare individuals to accompany the arrival and departure of each human being at these thresholds. In light of this, we are stretching the threshold to include the planning and preparation of a new human life, and the concrete reality of reincarnation. The times seek and yearn for individuals with this understanding, and we dare to be boldly present in this work: we say yes, as we continue to shape a social space where both content and personal experiences can unfold within a framework of profound respect, patience, honesty, compassion, courage and love.

Truth, beauty and goodness can and must come through. We are committed to working tirelessly towards this, making every threshold crossed by a human being a moment of jubilee.



Jane Ellen Johnson
Director of Crossings



About the organization:

Accommodation coordination phone number: 808 987 0470

Email contact: crossings.cruces@gmail.com

Place: Rudolf Steiner House, 1923 Geddes Avenue, Ann Harbor, Michigan

Home office of the Anthroposophical Society in America

Fees of the event: Buffet / U\$S 200 – Accommodation / U\$S 120 – Course / U\$S 275

At Rudolf Steiner House the cost per night is U\$S 40, in case of having to stay in other facilities, prices are to be confirmed.

We look forward to your attendance and welcome you!

About this particular frame...



This Crossings event, as a retreat, takes place in a unique setting. There are three events that have constituted an open portal to the 100th anniversary of the refoundation of the Anthroposophical Society, through the Christmas Congress of 1923. This step was taken by Rudolf Steiner, who personally assumed the consequences of this decision. On the other hand, the second event in which we find a true pillar, which acts as the axis of a balance: the nine conferences given between January 19th and February 10th, 1924. In this work, "Anthroposophy, a summary after 21 years", he opens a new access to Anthroposophy. The third aspect is the work that he begins on January 25th, 1924, which would constitute his access to the New Mysteries of Christianity: the revelation of the Mysteries of Reincarnation and Karma.

A new Christianity must develop in the coming millennia, in the light of these new contents, which not only display the image of Christ as the highest expression of love, but also as the highest expression of compassion.

The Crossings Intensive Course program will revolve around this new paradigm that is being presented to humanity. To do so, we will deploy scientific-spiritual content that will allow us to orient ourselves in these new contexts. Likewise, these contents will be accompanied by meditation exercises, which are essential to strengthening ourselves. But this strengthening should not create rigidity, but rather, on the contrary, create permeability, in such a way that our own structure allows us to extract from ourselves that which we believe should no longer remain within us, making room for that which we want to incorporate into our interiority. This process of being exposed to spiritual content, meditation, and social sharing within an environment of sacred respect for others, constitutes the central dynamic of the work in these four-day intensive sessions.

Some of the content to be developed:

The threshold experience in the light of the Golgotha event. The Minor Guardian and the Mayor Guardian. The weight of human acts. A look from the perspective of registration and accounting.

The relationship of humanity and of each individual with the Being of Christ. The pre-Christian periods, the event of Golgotha, the age of the Renaissance and the so-called second Renaissance.

From perception to self-perception. The image of the two knights riding together. The power of human selfishness and the offering of the fruits of human acts as an altar made up of human hearts.

The experience of contemplating the phenomenon at a time in humanity when the forces of consciousness and freedom are deployed. The experience of the spiritual forces behind the threefold division. Human will and divine will. The development of maximum individuality. The challenge of feeling part of humanity. The image of Mary and her mantle. Light, darkness and clarity from the Goethean point of view.

Life between death and rebirth. The passage through the planetary spheres at a time of evolution when the human being has acquired freedom. Moral strength and knowledge in the light of spiritual science.

Materialism and superficiality. The need for iron. The Christ and the experience of him on the other side of the threshold.

Wakefulness and dreaming. The experience of sleep as the little sister of death. Incarnational and excarnational forces. The need for exact replicas. On the importance of the period of entering sleep and awakening. Onslaughts of counterforces and countermeasures to reestablish balance. The seven vital processes as a guiding image for dream life. The action of Christ in dream life. The need to develop permeable structures. Meditation exercises.

Preparation and accompaniment during the crossing of the threshold. The custody of the deceased's body in relation to the needs and actions of the elemental world. The process of vigil and the creation of a collective image. Criteria for the preparation of the space. Accompaniment of the deceased and the family. The relationship with the dead after crossing the threshold. Needs, principles and limits.

Program / Crossings Intensive Course				
Time/day	Thursday October 31st	Friday November 1st	Saturday November 2nd	Sunday November 3rd
08.00am	Breakfast			
09.00am	Personal presentations	Sharing the pearls	Sharing the pearls	Sharing the pearls
	Work frame and methodology	Work on the program contents	Work on the program contents	Work on the program contents
10.30am	Pause	Pause	Pause	Pause
10.45am	Work on the program contents	Work on the program contents	Work on the program contents	Work on the program contents
11.45am	Pause	Pause	Pause	Pause
12.00am	Reflections	Reflections	Reflections	Reflections
12.45pm	Pause	Pause	Pause	Pause
01.00pm	Lunch			
02.00pm	Free time / nap / location work			Work on the program contents
03.00pm	Work on the program contents	Work on the program contents	Work on the program contents	Final reflections Closing the intensive course
04.30pm	Coffe break			
04.45pm	Work on the program contents	Work on the program contents	Work on the program contents	
05.45pm	Pause	Pause	Pause	
06.15pm	Reflections	Reflections	Reflections	
07.00pm	Dinner			
08.00pm	Art Space	Art Space	Art Space	
09.00pm	Closing the day	Closing the day	Closing the day	

Biographical notes

Jane Ellen Johnson

Crossings Caring for Our Own at Death was cofounded in 1995 by 3 individuals with a whole local and global community of support, who saw the urgent need for a conscious relationship with dying and death. As time has progressed 29 years later! Crossings is a whole global movement of companioning those at the threshold.

Since 2015, as sole director for Crossings, I feel my role is to be awake to the profound impact of what is at stake in these thresholds. It's not only our birthing and dying, it is the full incarnation and exarnation process of life on earth and in the spiritual worlds, life before life, life, death, life after death, we now need to be up close and personal with. I have been called a death midwife for decades now. I also have assisted with many home births. My heart belongs to a future for beings who have not yet come... and the assurance that there are those who work for the earth's conditions that can vouchsafe their incarnations. I look forward to working with you. Please be in touch.

Special guest:

Alejandro Urtizberea

Born in the City of San Miguel, Province of Buenos Aires, Argentina. Co-founder of the Spiritual Scientific Publishing House, director of The Pampean Undines Company, co-founder of the Southern Hemisphere Awakening Company, director of the Youth and Commerce Fund. Member of the Board of Directors of the Anthroposophical Society in Argentina, and director of the Economic Space. Coordinator for more than 30 years of the celebrations of the Christian Festivities. Physical therapist. Consult, direction and business management.

Testimonials from current and former course participants:

Sebastian Koziner, 39 years old

In Crossings I've experienced a different way to approach something that we all have our fears and questions about, and it's simply what death is and how to deal with it. But the uniqueness in the approach of Crossings combines both support for the rich world of emotions we experience as human beings, and also the clean objective world view supported by Rudolf Steiner's extensive work. In this combination I've found both relief in my personal relationship with crossing the threshold, and deep inspiration from the whole cosmic process that supports us and guides us through all our life.

Liana Marocco, 78 years old

Crossings has meant for me a strengthening of bonds with those on the other side of the threshold, a deeper consciousness of our working together and the gifts their departure has bestowed, the recognition of our daily meeting during sleep, the comprehension of the similarity of our path between falling asleep and awakening with what we go through after death, the self-preparation we need to do in life to prepare for our journey after death.

Macarena Villalba, 33 years old

The experience of being in crossings for me is the most special thing that has happened to me. Particularly it found me at a very hard time in my life and gave me great gifts. I am grateful to be part of this course that led me to know more about myself to also be able to accompany those around me. To have that feeling that there is a lot to do in this area and that it is a great task that Jane brings us. She expresses the contents very clearly and guides us in the work with so much love and respect. I value having encountered crossings in my life. I consider it a course for the life of every human being.